

Parental Alienation Syndrome expert Dr. Kathleen Reay

Toxic Divorce

A Workbook for Alienated Parents

Imagine your once loving relationship with your child turn suddenly into one that is contemptuous and filled with animosity. During a weekend visit with your child, you take part in activities you both enjoy, but on your next scheduled weekend, your child doesn't want to have anything to do with you. You can't understand why this is happening because you have done nothing wrong.

For the thousands of parents facing this each year, it can be overwhelming and lead to despair. These parents sincerely want to be a part of their children's lives yet something completely out of their control is preventing this from happening. Often, these parents are at a loss as to what to do.

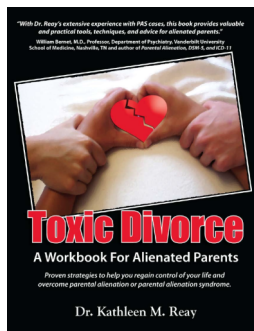
Dr. Kathleen Reay's book *Toxic Divorce: A Workbook for Alienated Parents* was written to shed some light on this very serious issue affecting this growing population.

Divided into three parts, the workbook provides step-by-step instructions to help alienated parents understand and deal with this very difficult time in their lives. Part one will explain in detail exactly what parental alienation syndrome is and isn't, varying degrees of alienation, and psychological factors in children and alienators. In part two, alienated parents will be taught how to deal with

their own emotions, how to select a family law attorney and how to select a mental health professional, all of which lay the foundation for repairing the relationship between alienated parents and children. Part three offers additional information including resources for mental health professionals should alienated parents choose to work through the book with assistance.

"Toxic Divorce is an absolute must-read for every parent involved in a high-battle divorce as well as for educators, legal and mental health professionals working with children and families. As an alienated child, an alienated parent, and a therapist specializing in trauma, I value and appreciate all the up-to-date facts and powerful strategies that Dr. Reay provides in this book."

Carol Maker, LCSW, Portland, Oregon



Product Details

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By Dr. Kathleen M. Reay

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"With Dr. Reay's extensive experience with PAS cases, this book provides valuable and practical tools, techniques, and advice for alienated parents."

William Bernet, M.D., Professor, Department of Psychiatry, Vanderbilt University School of Medicine, Nashville, TN and author of *Parental Alienation, DSM-5, and ICD-11*